



# TLC *The Living Center*



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Criteria for Graduation from Outpatient (Level I) To Monitoring or Treatment Discharge

### PPC Dimension #'s

L	M	H	#	Note: There must be no more than one dimension at medium for successful graduation.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	#1	Clients have no toxic <b>Withdrawal Risks or Problems</b> - Clients have demonstrated that Post Acute Withdrawal Symptoms (PAW) are client/self-manageable.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	#2	<b>Biomedical Conditions</b> are stable. Clients have demonstrated the ability to balance their nutrition and have implemented nutritional management techniques.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	#3	<b>Emotional/Behavioral Conditions</b> are stable and Clients are demonstrating that they can manage their emotions and behavior and are comfortable intervening in emotionally charged situations for themselves. They are not typically surprised by those situations and have demonstrated that they are cognitively able to manage the emotional situations that confront them.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	#4	<b>Treatment Acceptance/Resistance</b> is managed and Clients have demonstrated that they understand how use of Alcohol, Drugs or old behavior affects their lives and have demonstrated their ability to reach out for professional help as needed should continued support be necessary.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	#5	<b>Relapse Potential</b> is reduced significantly because Clients have demonstrated an ability to personally intervene in relapse situations and appropriately use their personally developed High Risk Situation (HRS) and Relapse Warning Sign intervention techniques without regularly structured professional support.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	#6	<b>Recovery Environment</b> is stable because Clients have successfully demonstrated their ability to personally protect and manage their "safe" living environment. Clients have successfully demonstrated their ability and willingness to build an outside social support system/network. Clients also have "in place" a working, interactive Relapse Intervention Team, have met with them in supervised sessions, and have developed a personal schedule for that team to meet when they are no longer in Outpatient Treatment.